

Covid-19 Policy (2024)



Daventry Road Runners will comply with the Governmental and NHS advice to reduce the risk of spreading COVID-19 in the community. Therefore members should not participate in any session if they have tested positive for Covid-19 or have any health symptoms that could be the cause of a Covid-19 infection. Members can return to sessions after 5 days of a positive test or the initial start of symptoms if they don't have any symptoms remaining or if they have tested negatively.

A run Leader can ask a member to leave a session if they are showing Covid-19 symptoms not related to a common cold.